

The Shaman and Nature ~ A Camping Workshop

Surrounded by the spirits of Nature, The Shaman learns:

- ⊕ To communicate with the spirits of all creation
- ⊕ To listen to their stories and wisdom
- ⊕ To ask them for assistance
- ⊕ To give back



In this experiential workshop, you will journey to the spirits of nature while immersed in a natural, mountain environment surrounded by trees, river, stones, wildlife and quiet. Sleep in your tent on the earth, drum for the trees to dance and float up to the stars to discover their secrets.

The Workshop will include:

- ⊕ Friday: Setup camp, dinner, opening the Circle and a journey
- ⊕ Saturday & Sunday: Circle time each morning, afternoon and evening
- ⊕ Plenty of free time to cook and enjoy the land
- ⊕ Monday: Breakfast and closing the Circle



Dates: August 9-10-11-12, 2013

Times: 2 pm Friday to 1 pm Monday

Location: French Meadows in the Tahoe National Forest, 2 hours from Sacramento

Fee: \$175 paid before August 1st—includes camp fees and workshop (\$200 after Aug 1)

Requirements: Camping equipment, bring food to share, basic shamanic journey experience.

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